

FINCHLEY HORTICULTURAL SOCIETY: SEASONAL RECIPES

Blackberry Cordial

Ingredients

1500g blackberries

cold water, to cover them (about 1lt of water per 1kg of fruit)

1 cinnamon stick

1 tsp lemon juice

400g sugar

Preparation

Pick over & wash the blackberries. Place in a pan and just cover them with water.

Boil them until they burst (mash them to assist juice extraction). Strain juice off fruit through metal sieve.

Put blackberry juice, sugar, lemon juice and cinnamon stick in pan. Bring to boil and simmer until sugar dissolves, and for about 20 minutes in total.

Cool. Sterilise bottles and decant.

From: Ann Brown, 2012